



### Welcome to our February Newsletter!

Welcome to our February newsletter. This half term we are currently booking in dance and sing and sign sessions for the children to enjoy. If you have any ideas for potential visitors, then please do let us know. If you are a parent that is working in Chichester (within walking distance for young children) and we can come and visit you, and you are happy to give the children a short talk about what you do, that would be fabulous! Equally, if you have a skill or a desire to share an experience with the children, please let Liz or one of the staff team know!

### Important Dates!

#### Celebrating Valentine's Day

- W/C 5<sup>th</sup> February

#### Half Term

- 12<sup>th</sup> – 16<sup>th</sup> February

#### Little Stars Visiting

- 20<sup>th</sup> February – 1.15

#### Zoolab visiting

- 21<sup>st</sup> February – 9.30

#### Diddi Dance visiting

- 2<sup>nd</sup> & 14<sup>th</sup> March (TBC)

#### Spring Term ends

- Thursday 29<sup>th</sup> March

#### Summer Term starts

- 16<sup>th</sup> April

### Worries or concerns...

If you are worried, concerned or not happy about something, please do let me (Liz) know. This can be done either verbally in private or in writing, which gives me an opportunity to discuss them with you, to see if I need to make changes or to reassure you of our practice.

### Reminders:

- **Fees – If you pay for your child to attend please make sure you do this on time!**
- Lunchboxes and water bottles must be labelled with child's name (nail varnish works well)
- Healthy lunch box with a majority of savoury items (no nuts or sweets please)
- Lunchboxes must be cleaned on a weekly basis to prevent mould (pop them in the washing machine)
- Coat, labelled bag with nappies & wipes (if applicable), a spare set of clothes
- Dummies/soothers/comforters if used
- Parents must tell us if their child is going to be absent from nursery and why (illness, headlice etc)
- Parents must tell us if their child has had an accident at home and has a mark/bruise and complete a form
- Parents must tell us if they have moved or changed your phone number to ensure we have the correct contact details
- Parents must tell us if someone we haven't seen before is collecting their child, providing us with a name/description

### Parents accessing 30 hours Extended FE funding:

Please remember to update and confirm your eligibility and income details when you are requested to do so by the Government, which should be around 4 weeks prior to your grace period ending. If you do not confirm these details or give false information then the extended funding cannot continue and you may incur a fine, in addition to receiving an invoice from us to recover any sessions or hours not covered by the FE Funding.

### Healthy Eating & Lifestyle Useful Links/Apps!

We promote healthy eating and lifestyles at Busy Lizzie's, encouraging children to eat healthy foods and to run around outside in the fresh air. Therefore if your child has an imbalance of savoury/sweet items in their lunchbox we will politely ask you to reconsider what items you are putting in to help avoid obesity. More information can be found at the links/apps listed below:

The Children and Family Centre and Chichester District Wellbeing provide 'Cook & Eat' groups – contact them on 01243 521041 & [info@chichesterwellbeing.org.uk](mailto:info@chichesterwellbeing.org.uk)

NHS 'Eatwell Guide' <http://www.nhs.uk/Livewell/Goodfood/Pages/the-eatwell-guide.aspx>

Westsussexwellbeing.org.uk

Nhs.uk/change4life

[www.firststepsnutrition.org](http://www.firststepsnutrition.org)



### Did you know.....

- We have a new stock of Busy Lizzie's uniform if you wish to purchase any as this saves other clothes getting covered in paint and glue etc! If you don't want to buy uniform, that's okay! Just dress your child in clothes you don't mind being covered in playdoh, paint, glue etc!
- You can write a review about us on our website and our Facebook page!
- We like parents to stay and play if they wish to
- We like to let you know how your child has been, ask your child's Key Person-they will be very happy to let you know!
- We like parents to give us photos of what their child may have been doing - it encourages chatter which we love to hear!
- We have a copy of all our policies and procedures on our website. and a masterconv on the desk

Please remember **NOT** to use your mobile phone whilst you are within Busy Lizzie's. If you need to take a call, please wait until you have left the setting. This is necessary to ensure the safety of the children in our care.

As you may be aware, we are currently booking a range of experiences for the children to enjoy – if you have any ideas or organisations that may like to visit us, please do let us know!



Congratulations to Hannah & Freya who have recently achieved a Level 4 Childcare qualification! Well done from all the Busy Lizzie team xx