



Welcome to our January Newsletter!

Welcome back after our festive break, we hope you had a relaxing and enjoyable time. Jess has joined us, helping us on Thursday and Fridays following the departure of April. Jess is currently at university training to be a teacher and is looking forward to gaining experience working with early years children.

Important Dates!

Celebrating Burns Night

- W/C 22nd January

Celebrating Valentine's Day

- W/C 5th February

Half Term

- 12th – 16th February

Zoolab visiting

- 21st February – 9.30

Spring Term ends

- Thursday 29th March

Summer Term starts

- 16th April

Worries or concerns...

If you are worried, concerned or not happy about something, please do let me (Liz) know. This can be done either verbally in private or in writing, which gives me an opportunity to discuss them with you, to see if I need to make changes or to reassure you of our practice.

Reminders:

- **Fees – If you pay for your child to attend please make sure you do this on time!**
- Lunchboxes and water bottles must be labelled with child's name (nail varnish works well)
- Healthy lunch box with a majority of savoury items (no nuts or sweets please)
- Lunchboxes must be cleaned on a weekly basis to prevent mould (pop them in the washing machine)
- Coat, labelled bag with nappies & wipes (if applicable), a spare set of clothes
- Dummies/soothers/comforters if used
- Parents must tell us if their child is going to be absent from nursery and why (illness, headlice etc)
- Parents must tell us if their child has had an accident at home and has a mark/bruise and complete a form
- Parents must tell us if they have moved or changed your phone number to ensure we have the correct contact details
- Parents must tell us if someone we haven't seen before is collecting their child, providing us with a name/description

Parents accessing 30 hours Extended FE funding:

Please remember to update and confirm your eligibility and income details when you are requested to do so by the Government, which should be around 4 weeks prior to your grace period ending. If you do not confirm these details or give false information then the extended funding cannot continue and you may incur a fine, in addition to receiving an invoice from us to recover any sessions or hours not covered by the FE Funding.

Healthy Eating & Lifestyle Useful Links/Apps!

We promote healthy eating and lifestyles at Busy Lizzie's, encouraging children to eat healthy foods and to run around outside in the fresh air. Therefore if your child has an imbalance of savoury/sweet items in their lunchbox we will politely ask you to reconsider what items you are putting in to help avoid obesity. More information can be found at the links/apps listed below:

The Children and Family Centre and Chichester District Wellbeing provide 'Cook & Eat' groups – contact them on 01243 521041 & info@chichesterwellbeing.org.uk

NHS 'Eatwell Guide' <http://www.nhs.uk/Livewell/Goodfood/Pages/the-eatwell-guide.aspx>

Westsussexwellbeing.org.uk

Nhs.uk/change4life

www.firststepsnutrition.org



Did you know.....

- We have a new stock of Busy Lizzie's uniform if you wish to purchase any as this saves other clothes getting covered in paint and glue etc! If you don't want to buy uniform, that's okay! Just dress your child in clothes you don't mind being covered in playdoh, paint, glue etc!
- You can write a review about us on our website and our Facebook page!
- We like parents to stay and play if they wish to
- We like to let you know how your child has been, ask your child's Key Person-they will be very happy to let you know!
- We like parents to give us photos of what their child may have been doing - it encourages chatter which we love to hear!
- We have a copy of all our policies and procedures on our website. and a masterconv on the desk

Please remember **NOT** to use your mobile phone whilst you are within Busy Lizzie's. If you need to take a call, please wait until you have left the setting. This is necessary to ensure the safety of the children in our care.

Outings:

We are attempting to arrange some outings out of the setting and visitors into the nursery, so please can you ensure your child has a coat with a hood so that they can enjoy these experiences as these may be confirmed at short notice. If you do not wish your child to be taken out of the nursery then please update your child's registration form. If you are a parent that is working in Chichester (within walking distance for young children) and we can come and visit you, and you are happy to give the children a short talk about what you do, that would be fabulous! Equally, if you have a skill or a desire to share an experience with the children, please let Liz or one of the staff team know!