



### Welcome to our September Newsletter!

Welcome back! We hope you have had a lovely 6 weeks off! We would like to welcome Nicola & Chloe, our new members of staff! Nicola is working with us full time, and Chloe is only with us on Fridays which will supplement her HSC course that she is about to start. Congratulations to Emily who got engaged over the Summer break! April continues to be our bank member of staff and once she has settled her youngest into school then she will be placed on short courses to broaden her knowledge and understanding of childcare.

**Fees – If you pay for your child to attend please make sure you do this on time!**

### Important Dates!

- Autumn term starts:**
- Monday 4<sup>th</sup> Sept
- FE Headcount Day:**
- Thursday 21<sup>st</sup> Sept
- Celebrating Diwali:**
- 16<sup>th</sup> – 20<sup>th</sup> Oct
- Half – term:**
- 23<sup>rd</sup> – 27<sup>th</sup> Oct
- Zoolab visiting**
- 6<sup>th</sup> Nov @ 9.30
- Children in Need**
- 17<sup>th</sup> Nov
- Autumn term ends :**
- Friday 15<sup>th</sup> Dec
- Spring Term starts:**
- 8<sup>th</sup> Jan 2018

### Worries or concerns...

If you are worried, concerned or not happy about something, please do let me (Liz) know. This can be done either verbally in private or in writing, which gives me an opportunity to discuss them with you, to see if I need to make changes or to reassure you of our practice.

### What do parents/carers need to bring with their child...

- Filled water bottle
- Bag with nappies & baby wipes (if applicable)
- Healthy lunch box (no nuts or sweets please)
- Coat, spare set of clothes, sunhat, sun cream
- Dummies/soothers/comforters if used

### What do parents need to tell us.....

- When your child is absent and why
- When your child has had a common childhood illness
- When your child has had an accident at home and has a mark/bruise
- When your child has had head lice
- When you move or change your phone number
- When someone we haven't seen before is collecting your child

All labelled please!  
(Use marker/fabric pen, nail varnish, sticky labels)

Why? To ensure we are safeguarding children in our care appropriately

### Healthy Lifestyle Useful Links and Apps!

The Children and Family Centre and Chichester District Wellbeing provide 'Cook & Eat' groups – contact them on 01243 521041, [info@chichesterwellbeing.org.uk](mailto:info@chichesterwellbeing.org.uk)

NHS 'Eatwell Guide' (<http://www.nhs.uk/Livewell/Goodfood/Pages/the-eatwell-guide.aspx>)

Westsussexwellbeing.org.uk

Nhs.uk/change4life

### Apps:

Change4Life Sugar Swaps  
FoodSwitch UK  
Easy Meals

### Did you know.....

- We have a new stock of Busy Lizzie's uniform if you wish to purchase any
- You can write a review about us on our website and our Facebook page!
- We like parents to stay and play if they wish to
- We like to let you know how your child has been, ask your child's Key Person-they will be very happy to let you know!
- We like parents to give us photos of what their child may have been doing - it encourages chatter which we love to hear!
- We have a copy of all our policies and procedures on our website, and a mastercopy on the desk
- We have a What's On' leaflet for the Children & Family Centre situated on the desk, please help yourself to a copy!

### What should your Child wear to Busy Lizzie's....

Whilst at Busy Lizzie's, your child will get dirty as we love messy play! So please dress your child in clothes that you don't mind being covered in glue, mud, paint etc. We are about to order some new Busy Lizzie uniform.

Please remember **NOT** to use your mobile phone whilst you are within Busy Lizzie's. If you need to take a call, please wait until you have left the setting. This is necessary to ensure the safety of the children in our care.

### Invoices:

If you receive invoices for your child's care, then please pay the amount requested in full this month and any amendments in hours or settling in will be shown and added or deducted from October's invoice- thank you Liz

### Lunchboxes:

Please ensure that your child's lunch is healthy as they are encouraged to eat all their savoury items first and ensure that it is washed/wiped out at the end of each day to prevent the build-up of mould!